

September 2024



Dear Hyrum Senior Center Community,

My name is Jesse Walker, and I'm honored to introduce myself as the new director of the Hyrum Senior Center. I live in Hyrum, and am coming here after serving for the past three years as the activities coordinator at the Cache County Senior Center in Logan. I'm excited to have joined this wonderful community and am looking forward to getting to know each of you in the coming weeks.



I'd like to take a moment to extend my heartfelt thanks to Vicky, our outgoing director. Vicky has been a guiding light here for over 18 years, and her retirement leaves a big pair of shoes to fill. We wish her all the best in her retirement and hope she enjoys this new chapter in her life.

As we move into September, I'm eager to try some new activities and see what resonates with you all. Stop by this month to enjoy your favorite activities like Bingo and Bunco, as well as try some things that may be new for us here: Jeopardy, music bingo, and a mindfulness class, among others. We also have various guest speakers and musicians lined up for our Wednesday lunches, and several Thursday field trips: pickleball, visiting the Daughters of the Utah Pioneers museum and a restaurant, and a hike up Blacksmith Fork Canyon. Come to any activity that sounds interesting to you, or all of them! Your feedback will be invaluable as we explore new ways to engage, entertain, and support our community.

I warmly invite you to drop by, participate in our programs, and share your ideas. Let's work together to make the Hyrum Senior Center a place where everyone feels at home and excited about the possibilities ahead.

Looking forward to meeting you soon if I haven't already!

Best regards,

Jesse Walker Director, Hyrum Senior Center

Hyrum Senior Center September 2024

Monday	Tuesday	Wednesday	Thursday	Friday
CLOSED FOR LABOR DAY	3 10:00 Bunco 12:00 Light Lunch (\$2)	4 12:00 Lunch (\$3) 12:30 Game: Jeopardy!	5 10:00 Field Trip: Hike - Blacksmith Fork Canyon Trail (\$2)	10:45 Bingo 12:00 Lunch (\$3)
10:30 Breakfast (\$2) 11:00 Bingo 1:00 Senior Center Board Meeting	10 11:00 Technology Class: Cell Phone 101	12:00 Lunch (\$3) 12:10 Presentation: Utah Assistive Technology Program (UATP)	11:00 Field Trip: DUP Museum and lunch at Le Croissant (\$2 plus the cost of your lunch)	10:45 White Elephant Bingo 12:00 Lunch (\$3)
11:00 Technology Assistance (bring your devices and questions!)	11:00 Brain Games Social Hour	12:00 Lunch (\$3) 12:10 Presentation: Relay Utah	19 10:00 Field Trip: Pickleball (\$2; all equipment provided!)	10:45 Bingo 12:00 Lunch (\$3) 1:00 Class: An Introduction to Mindfulness
11:00 Music Bingo 12:00 Lunch (\$3)	10:00 Bunco 12:00 Lunch (\$3)	12:00 Lunch (\$3) 12:10 Entertainment: Music by Marly	26	10:45 Bingo 12:00 Lunch (\$3)
11:00 Bingo 12:00 Lunch (\$3)				

Please RSVP for all meals and field trips by calling or texting 435-245-3570